**Research Article** 



# Nano Cinnamon: A Study in Human Blood Medium Using Cyclic Voltammetry on Glassy Carbon Electrode (GCE)

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#### Abstract

The redox behavior of cinnamon nanoarticles (CNPs) was studied using cyclic volammetry in blood medium on glassy carbon electrode (GCE). The redox current peaks of CNPS reactions with blood component were also studied at different concentrations; scan rates, and pH. The stability and reliability of working electrode in blood media were investigation as well. Moreover, the diffusion coefficient values of redox peaks in blood medium was determined from Randles Sevick equation. It was found the CNPs in blood medium have new electrochemical behavior which can use ascorbic acid with CNPs as a treatment in different medicine cases.

**Keywords:** cinnamon nanoparticles, cyclic voltammetry, blood medium, GCE, electrochemical properties

# Introduction

Cinnamon is a term which used to describe the medium brown color as shown in Fig. 1. Cinnamon is the name given to several types of trees and the commercial spice products some of them produce. They are all members of the genus cinnamomum in the family that have the chemical structure shown in Fig. 2 [1].

Most alternative medicine scientists resort to the use of medicinal herbs in the treatment of most diseases, especially cancer, but using the other form of the herb is the nanoparticle. As in the case for cinnamon nanoparticles and studied them to treat many diseases so as to quickly enjoy their response to healing [2].



Fig. 1 The stickers of Cinnamon, flowers, and powder of the Cinnamomum verum plan.



Fig. 2 Chemical structure of cinnamon.

Scientists have studied herbal substances and their effect on the blood composition using electrochemical methods by cyclic voltammetric technique mediated on nanosensors [3-7].

Cinnamon nanoparticles (CNPs) in ethanol were prepared by pulse laser ablation in liquid (PLAL) technique to use in different application especially in nano-bio-medical and research interests [8]. One of important herbs compound is cinnamon spices which contain antimicrobial substances for the treatment of infection disease. Cinnamon compound is provided different clinical impact on the disease [9]. Cyclic voltammetry and electrochemical impedance spectroscopy were used to identification of cinnamon compound that synthesized and improvement by environmental industrial electrodeposition of copper in an acidic medium as an extraction method [10]. Volammetric evaluation of the anti-oxidative capacity of different herbs species were studied using glassy carbon electrode in the following series of:

Clove > juniper berries > nutmeg > cinnamon > rosemary > anise  $\geq$  oregano > black pepper  $\geq$  ginger  $\geq$  basil > turmeric > red pepper  $\approx$  bay leaf  $\geq$  coriander  $\approx$  red sweet pepper > cumin > caraway [11].

Cinnamon nanoparticles (CNps) were synthesized by ethanol - laser method and characterized by UV-Visible spectroscopy, Fourier transform infrared spectroscopy (FTIR), and transmission electron microscope (TEM), also, it can be prepared the CNPs for nanomedicine applications [12]. Another method was used to synthesize cinnamon nanoparticles by silver nitrate and valuated the activity of nanoparticles by different spectroscopic characterization; the silvercinnamon nanoparticles extract was enhanced the antiviral activity which used as a treatments for different infections in the cells [13]. Spherical CNPs were prepared using a new technique pulse laser ablation in liquid (PLAL) and characterized these NPs. CNPs was found as a biological activity and nontoxicity which can be used as antibacterial drugs. The CNPs were used as antibacterial drugs and food processing [14].

In this study cinnamon nanoparticles were characterized in blood medium using electrochemical analysis Preluded to applications in medicine field.

# Experimental Materials

Cinnamon grand form as dark brown powder was bought from localy market. Normal saline from Adwic Pharmaceticals Division (Egypt). Ascorbic acid from Technicon chemicals Co. (Tourni Belgique), and the blood were used in the experimental test that has been received from healthy humans in the center medicine of Baghdad City in Iraq and was also used in the cyclic voltammetric analysis. Double distilled water (deionized) was used for the preparation of aqueous solutions. The blood samples were diluted by normal saline solution with ratio of 1:9 mL (blood: normal saline), 10 mL of mixing blood was replaced in the cyclic voltammetric cell in every test.

## Preparation of Cinnamon Nano-particles Lyophylization (freeze-drying method)

The nano cinnamon particles were prepared using Lyophylization technique as in Fig. 3. Cinnamon in micro-particles were cooled with distilled water, the ice crystals from pure water form at -18 °C through the cinnamon molecules was appeared. All steps of converted the micro particles of cinnamon must be continuous about 48-72 hours [15].



Fig. 3 Lyophylization instrument from LABCONCO company (USA).

## **Tunnel Electron Microscopy (TEM) Study**

Cinnamon nanoparticles (CNPs) were analyzed

using TEM (Philips EM) analyses were done to determine the particle size which found about 40 nm of spherical nanoparticles as shown in Fig. 4.

#### Scanning Electron Microscopy (SEM) study

Cinnamon nanoparticles (CNPs) were analyzed using SEM (GENEX, USA). The image demonstrated the majority of nanoparticles are relatively spherical to rode in shape and have smooth surface area as shown in Fig. 5.



Fig. 4 TEM image of cinnamon nanoparticles.



Fig. 5 SEM image of cinnamon nanoparticles.

# **Results and Discussion**

In recent time, the scientists were focused on using the nanoparticles of alternative medicine as a treatment for some incurable diseases, in this study; it was found the important electrochemical properties of cinnamon nanoparticles (CNPs) in blood medium to application in different field of medicine [16].

## Effect of Different Concentration of Cinnamon in Blood Medium

Cinnamon nanoparticles (CNPs) are very active compound in blood medium which affected on

the reaction of functional group in the CNPs with components of blood especially the hemoglobin and causes an oxidation - reduction current peaks at +750 and -780 mV respectively. Fig. 6 illustrated the cyclic voltammogram of different concentration of CNPs in blood medium which enhanced both redox current peaks against to increasing the concentration of CNPs [17].



**Fig. 6** Cyclic voltammogram of cinnamon nanoparticles at different concentration using GCE in blood medium.

#### Effect of Different Scan Rate (SR)

It is usual to study the different scan rates by voltammetric technique to characterize the electrochemical properties of cinnamon nanoparticles in blood media. The results were found that increasing of scan rate produce the enhancement of oxidation reduction current peaks of CNPs in blood media.

The relationship between logarithm of each anodic log (Ipa) and cathodic current peak log (Ipc) and logarithm of different scan rate log (SR) which giving straight lines as shown in Figs. 7 and 8, respectively. The results were indicated that the redox mechanisms are diffusion controlled for cinnamon nanoparticles (CNPs) in blood medium [18]. Randles Sevick equation was used for the relationship between (oxidation and reduction) current peaks and square root of scan rate which gives straight lines as shown in Fig. 9. In



Fig. 7 Plotting Log(Ipa) against to Log(SR) of cinnamon NPs in blood media.



Fig. 8 Plotting Log(Ipc) against Log(SR) of cinnamon NPs in blood media.



**Fig. 9** Plotting each of anodic and cathodic current peaks of cinnamon nanoparticles in blood media against to square root of scan rate.

this meaning, it indicates that the redox process is reversible and diffusion reaction [19, 20].

It can be also determined the diffusion coefficient (Df) of oxidation – reduction of CNPs in blood media from the Randles Sevick equation:

 $Ip = (2.69 \times 10^5) n^{3/2} ACD_f^{1/2} V^{1/2}$ 

where  $D_f$  is the diffusion coefficient (cm<sup>2</sup>/sec), Ip is the current peak ( $\mu$ A), V is the scan rate of the applied potential (V/sec), n is the number of moles of electrons transferred in the reaction, A is the area of the electrode (cm<sup>2</sup>), and the diffusion coefficient of oxidation – reduction of CNPs in blood medium have the values of  $2.77 \times 10^{-6}$  and  $4.43 \times 10^{-6}$  cm<sup>2</sup> sec<sup>-1</sup> respectively [21]. The diffusion coefficient values of redox current peaks of CNPs in blood media were indicated that the electrochemical reaction between CNPs and blood components by losing the electron and gaining the both two electrons with CNPs have a good mechanism for these processes [22].

## Effect of Different pH

The effect of different pH in blood medium is the

most important study can be obtained the best scientific facts especially of CNPs in these conditions. It was found that cinnamon NPs act as anti-oxidative stress in acidic medium of blood at pH = 3 by enhancement the cathodic current peak of -600 mV and disappearing of the anodic current peak at 750 mV as shown in Fig. 10. While the cinnamon NPs in natural blood medium at pH = 7 is oxidative reagent as illustrated in the cyclic voltammogram of Fig. 10, so the high acidity of blood CNPs acts with good reaction in these medium [23].



**Fig. 10** Cyclic voltammogram of CNPs in blood media at different pH (7 and 3).

In alkaline medium (pH13) the reaction of CNPs in blood is different than in acid, the both oxidation – reduction current peaks of CNPs at 750 and -600 mV were enhanced comparing with neutral pH = 7 as shown in Figs. 11-14 [24, 25].

## Effect of Different Concentration of AA on Cinnamon in Blood Medium

Ascorbic acid (AA) is one of the chemical compound which affected on the blood component present with the cinnamon nanoparticles (CNPs) with high oxidation current peak of AA which enhanced the reduction current peak of CNPs at -750 mV. Another reduction current peak also appears at +125 mV as shown in Fig. 15. The adding of AA on the cinnamon



**Fig. 11** Cyclic voltammogram of CNPs in blood media at different pH (7 and 13).

nanoparticles in blood medium causes enhancement of the reduction current peak proportionally as a linear line with good sensitivity (y = 32.857x + 12.886 and  $R^2$ = 0.8686) as shown in Fig. 16.

#### Reliability and stability study

Good reliability and stability were found for the



**Fig. 12** Cyclic voltammogram of CNPs in blood media at different pH (3 and 13).



Fig. 13 Plotting anodic current peak and different pH (3-13).



Fig. 14 Plotting cathodic current peak and different pH (3-13).



Fig. 15 Cyclic voltammogram of cinnamon NPs with and without AA in blood medium on GCE.

electrochemical analysis of cinnamon NPS in blood medium. They were illustrated in Fig. 17 at ten times of cyclic voltammogram overlapping with low relative standard deviation (RSD) of redox current peaks of CNPs using GCE as working electrode [25].



**Fig. 16** Plotting cathodic current peak of cinnamon NPs and different concentration of AA in blood medium.



Fig. 17 Cyclic voltammogram of cinnamon NPs in blood media for ten times using GCE.

# Conclusions

The effect of cinnamon nanoparticles in blood composition is considered to be an antioxidant reagent, especially in the alkaline medium, where ascorbic acid (AA) enhanced the reduction current peak of CNPs. But it exceeds the formation of the second reduction current peak, which means that the nanoparticles are a rich substance of free radical in blood medium. They may be have the ability to eliminate the cancer diseases in blood medium.

# **Conflict of Interests**

The authors declare that no competing interest exists.

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